



## Preparing for Your In-Home Newborn Photo Session

First off congratulations on your new baby! We are excited to capture these early moments with your little one. Since your photo session will take place in the comfort of your home, here are a few helpful tips to make sure everything runs smoothly.

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### Our Time with You

The photo session will take about 2 hours, including around 10 minutes for the initial setup. We typically start with family photos with the baby and spend up to 30 minutes on them. Please note that as this is a newborn session, we don't take separate individual or couples photos without the baby.

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### Creating a Calm Environment for Your Baby

Once we transition to newborn-only photos, we kindly ask that only the parents remain in the room. While we know this is an exciting moment for loved ones, keeping the space calm helps ensure the baby is relaxed and allows us to capture the best possible images.

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### Keep Baby Awake Before the Session

If possible, try to keep your baby awake for 1–2 hours before the session. This helps them sleep more soundly once we start, which makes posing much easier. A warm bath, undressing them, or some gentle playtime can also help.

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### Feed Right Before We Begin

Please feed your baby right before the session begins — A full belly helps the baby stay calm and sleepy during the shoot.

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### Keep the Area Warm

We will bring some of our own lighting and blankets, but it helps to keep the space warm (around 75–80°F / 24–27°C) . We will need to undress the baby and since they feel the cold much more than us, it's important that we keep them comfortable and warm. A small heater works great in colder months.

### **Prepare a location for us to set up**

While we don't require a lot of room, we do need a clear space to set up our equipment. If possible please remove any personal items or toys etc from the area that you have in mind.

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### **Setups**

We will give you the opportunity to preselect the setups for the newborn photos. If you have personal items or outfits you would like us to incorporate into those setups, please let us know prior to the session so that we can plan accordingly.

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### **Have These Essentials Handy**

- Extra diapers and wipes
  - A pacifier (even if the baby rarely uses it—it can be a lifesaver!)
  - Bottles/formula if you're bottle-feeding
  - Any heirloom items or personal props you'd like to include
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### **What to Wear (for Family Photos with Baby)**

For parents and siblings, soft, neutral colors like cream, beige, grey, or pastels work beautifully. Avoid logos, neon colors, and busy prints. Keep it simple and timeless.

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### **Relax and Enjoy**

This is all about capturing the beauty of your baby and your growing family—no pressure, no rush. Babies cry, need breaks, or have accidents—it's all part of the process! We will guide you through everything and adjust as we go.

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### **Questions?**

Feel free to reach out before the session if you're unsure about anything. We are here to help make this a comfortable, special experience for you and your family.